



About Steve H. Lawton

Author of *Head First! A Crash Course in Positivity*



After a life-threatening ski accident, doctors weren't sure Steve H. Lawton would survive. But because of his attitude, his helmet, a message from God and a rubber chicken named Henrietta, Lawton not only survived, but recovered nearly completely and lives to share his tale and the wonders of positivity.

In his new book, *Head First! A Crash Course in Positivity (Fedd Books, September 2016)*, Lawton shares his inspirational story as well as eight practical positivity principles he took away from the tragedy, and instructions on how to implement them in your life immediately.

Through his unique experiences, Lawton has molded his messages and insights about how to create a positive mindset, lead with positivity and achieve better outcomes for individuals and organizations. He uses his 27 years of business experience in roles from an engineer in the astronaut office at NASA to an executive at Dell to help leaders to perform better and companies to achieve better results. The lessons apply in personal situations as well, no matter what kind of challenges you face.

Lawton holds bachelor's and master's degrees in mechanical engineering from Texas A&M University, as well as an MBA from St. Edward's University. He has spoken at large corporations like Dell, Accenture and VMware, has been featured on KVUE news, has been a guest lecturer at the University of Texas and Texas A&M University, and has been featured as a TEDx speaker.

In his spare time, Lawton volunteers for youth lacrosse. He has been a coach and has served president of the Westwood High School men's and women's lacrosse clubs in Austin, Texas. Lawton and his wife of 26 years, Deanna have two teenage children and they have grown quite fond of them.

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